

Dear Guardian of the Groove,

WWOZ is celebrating two of the senses that give our city soul – food and music. We want you to be part of it by submitting three of your favorite recipes. They could be something passed down through the generations – your Parrain’s gumbo, your Nanan’s pralines, your Mama’s shrimp and okra – or something you came up with on your own. We know that our city’s culinary artists enjoy your music. We are asking you to dish something back. We would really appreciate a little lagniappe in the form of stories (a line or two) that tie your dish to your music.

Proceeds from our cookbook sales will help keep the groove alive at WWOZ and support music education in New Orleans. Your help in contributing recipes will ensure that our cookbook will be a success.

We anticipate a great demand for our cookbooks, and we want to be certain we order enough. You can reserve one or more copies for yourself, your family and friends at this time to be assured of receiving them.

Via email: cookbook@wwoz.org

Via regular mail:

WWOZ

Attn: Cookbook

P.O. Box 51840

New Orleans, LA 70151

Please reserve ___ cookbook(s) for me.

Name: _____

Phone number: _____

E-mail address: _____

INSTRUCTIONS

- Type or print clearly in ink, and place only one recipe per form
- If more room is needed, use another sheet of the same size paper and staple it together
- List all ingredients in order of use in ingredients list and directions
- Include container sizes, ex: 12-oz. can, 16-oz. pkg.
- Keep directions in paragraph form – not in steps.
- Use names of ingredients in the directions, ex: “combine flour and sugar,” and not “combine first four ingredients.”
- Include temperatures and cooking, chilling, baking times
- Your recipes should fit into the following categories:
Beverages - Appetizers - Soups & Gumbos - Salads
Side Dishes - Main Dishes - Breads - Desserts, Cookies & Candies
- Use abbreviations: *pt. qt. pkg. env. c. tsp. T. oz. lb. gal. doz. sm. med. lg*

Note that some of our contributors will be selected as possible subjects for a photo spread in the cookbook. Please check here if you are interested in participating in the photo section:

_____ I am interested in participating in the photo spread.

ENTRY FORM — REQUIRED INFORMATION

Recipe name:

Entry category:

Name(s):

Address:

City / State / Zip:

Home Phone:

Office Phone:

Cell Phone:

Email:

Number of servings:

Ingredients (listed in order in which they will be used):

Directions:

My musical recipe story (how this dish is significant to my music):